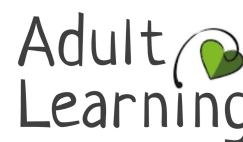


Adult Learning - Course Information Sheet



AUNP16 - Golf For Improvers

Brampton Heath Golf Club

Brampton Heath Golf Club

Sandy Lane

Church Brampton

Northants

NN6 8AX

Room Brampton Heath Golf Club

Start Date: 17 September 2026

End Date: 03 December 2026

Start Time: 12:00PM

End Time: 1:30PM

Day: Thursday

Sessions: 10

Tutor: Mr Kieran Thomas

What will I learn?

This course is designed for golfers who have already learned the basics and are ready to develop their skills, improve consistency and build confidence on the course. Throughout the 10 weeks you will develop a more consistent golf swing, improve accuracy with driving, iron play and chipping, build confidence with pitching, bunker play and putting, learn course management and shot selection, understand how to adapt your game to different lies and weather conditions, improve your scoring through better decision making, learn techniques to increase distance while maintaining control, develop pre-shot routines and mental strategies to improve performance, gain a better understanding of golf etiquette and competition play, receive individual feedback from your tutor to help you continue improving. By the end of the course, you should feel more confident applying your skills during a full round of golf.

What will I need to take part?

To get the most from the course you should have completed a beginner golf course or have equivalent playing experience. Wear comfortable clothing suitable for outdoor activity and weather conditions and flat-soled trainers or golf shoes if you have them. Bring your own golf clubs if possible (clubs can be borrowed if needed). Bring a waterproof jacket, hat, sunscreen and drinking water as appropriate. Have a willingness to practise between sessions to support your progress. No formal qualification is required, but learners should already be comfortable with the basic golf swing and fundamental rules of the game. Please complete the PARQ form sent to you by adult learning and give to your tutor on the first session.

What to expect

Each weekly session combines demonstrations, practical coaching and plenty of opportunities to practise your skills in a supportive and friendly environment. Your tutor will provide individual guidance and exercises tailored to help you improve your technique and consistency. Sessions may include work on the driving range, short game practice areas and, where appropriate, on-course activities. There will be opportunities to ask questions, monitor your progress and receive constructive feedback throughout the course. Tutors use Google Classroom to help make course resources available both during and between sessions. Please take advantage of joining your Classroom when invited to do so. For IT help please visit <https://learners.northantsadultlearning.ac.uk/it-tips>

Where can it lead to?

After completing this course you may wish to continue developing your game through advanced golf coaching, play more regularly at local golf clubs, work towards obtaining or improving a golf handicap, take part in friendly competitions and club events, progress to specialist coaching focusing on areas such as driving, short game or putting or simply enjoy golf as a lifelong sport that supports physical health, wellbeing and social connections.

AUNP16 - Golf For Improvers

Course eligibility and fees

This adult learning course is available to residents of Northamptonshire who are:

- aged 19 or over on 31st August in the funding year
- resident in England, outside a devolved adult skills funding area.
- ordinarily resident in the UK on the first day of learning.

If you don't meet the above requirements, including some international students or people not ordinarily resident in the UK, you will not be able to attend this course.

Asylum seekers may be eligible to attend in some circumstances, including where they have lived in the UK for 6 months or longer while their claim is being considered, or where they receive certain types of local authority support.

Fees are payable on enrolment as published on the booking page.

If you are in receipt of certain benefits or in employment and earning below £25,750 a year, you may be eligible for reduced fees.

Under certain circumstances you may be asked to provide evidence of your identity, residency, prior qualifications and where relevant, benefits or income.

If you are not sure what support you are eligible for please phone our office between 10 -4 on weekdays 0300 303 1058 or email adultlearning@northnorthants.gov.uk.

Northamptonshire Adult Learning Service work in partnership with National Careers Service advisers who can provide information, advice and guidance on skills, learning and work. National Careers Service can be contacted by telephone 0800 100 900 or text your name and the word ADVICE to 07766 413219 and an adviser will call you back for free or go to <https://nationalcareersservice.direct.gov.uk/>